

# Knowledge, Attitude and Practice survey on Indoor Residual Spraying (IRS) in Linda Compound

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## ABSTRACT

**Background:** There are wide gaps in empirical and perceptual baseline data and information on obtaining knowledge, attitudes and practices with respect to Indoor Residual Spraying (IRS). The main objective of this study was to assess the levels of Knowledge, Attitude and Practice that Linda residents have towards Indoor Residual Spraying.

**Materials and Methods:** A descriptive cross-sectional study was carried out in Linda compound. A multi-stage sampling method was used to select households for the study and a purposive availability sampling method was used to constitute focus group discussions.

**Results:** A total of 387 respondents took part in the study. The levels of knowledge on malaria and IRS were 84.2 percent and 80.9 percent, respectively. However, the level of IRS utilisation was 57.8 percent. Age and knowledge of IRS were independently associated with acceptability of IRS. On each birthday, respondents were 3 percent more likely to accept IRS. Compared to respondents who had no knowledge of IRS, those who had knowledge were 77 percent more likely to accept IRS.

**Conclusion:** The level of IRS utilisation was low. To dispel various misconceptions and myths regarding IRS and indigenous methods of Malaria prevention, health care providers need to disseminate information about what IRS actually does.

## INTRODUCTION

Malaria has been one of the most potent scourges of mankind from time immemorial, and it remains, with AIDS and tuberculosis, one of the three major communicable diseases<sup>1</sup>. The disease is prevalent in about 100 countries globally<sup>2</sup> and continues to place an unacceptable burden on the most vulnerable populations in sub-Saharan Africa, where around 90 percent of all malaria-related mortality is observed<sup>3</sup>. Malaria is endemic in the whole of Zambia and is the leading cause of morbidity and mortality. Prior to 1970, the prevalence of malaria in urban areas in Zambia was kept to a minimum due to an effective prevention and control program.

One of the primary vector control interventions for reducing malaria transmission is indoor residual spraying, whereby long-

acting chemical insecticides are sprayed on the walls and roofs of all structures in a determined area to kill the mosquitoes that land and rest there. The World Health Organization's Global Malaria Programme recommends IRS as one of three interventions that must be scaled up by countries to achieve the Millennium Development Goals for malaria by 2015<sup>4</sup>. As with other disease vector control programmes, a high level of community acceptance is required for effective implementation of IRS; in order to have a significant impact on malaria transmission, widespread household coverage is required (>80 percent of premises within the target area)<sup>4</sup>. This requires householders to cooperate with spraying personnel by being present on the designated day and removing some household contents outside.

In order to effectively control malaria, the Ministry of Health through the National Malaria Control Centre (NMCC) embarked on a national Indoor Residual Spraying (IRS) program. This program was developed from the proven Roll-out model of IRS on the Copperbelt province by the Konkola Copper Mining Company which was started in 2000. The insecticides used in the IRS program are Icon™, O2™, Fendona™ and K-Othrine™ for use on walls of both modern houses with cement plaster and paint and rural houses with mud or pole/grass walled homes<sup>5</sup>.

Linda compound, the area earmarked for this study, has a population of 21,996. According to facility-based data at Mt. Makulu Health Centre, which services Linda compound, malaria has proved to be a problem in that annually, the area reports an average of 1057 under-5 cases of malaria and 1007 cases for those aged 5 and above (Mt. Makulu Health Centre, 2007-2009). These figures show that malaria has continued to be a problem even though the area has received two rounds of spraying starting in 2007 and again in 2008. Thus this study presents people's knowledge, attitudes and practices on malaria prevention with reference to use of IRS.

## MATERIALS AND METHODS

A multistage stratified random sampling method was used for the study. In the first stage, the researcher divided the 3,666 households across the 12 wards as strata to draw disproportionately households. Since we do not know the level of knowledge, it was assumed that  $\pi = 50\% \pm 5\%$  and considering population size of 3666, using Statcalc in EpiInfo, the required sample size was therefore  $n = 348$ . Adjusting for a 90% response rate, the sample size was estimated to be as follows:  $n = 348/0.9 = 387$  (of 3,666 households).

**Key Words:** Indoor Residual Spraying (IRS), IRS Concerns, Malaria Prevention

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Questionnaires were therefore administered to individuals representing 387 households in Linda Compound.

In addition, using an interview guide, four Focus Group Discussions were held; two with members of the neighbourhood health committee and two with members of the Linda compound community. Each group comprised of all-male or all-female discussants in order to encourage participation. Ten discussants for each group were enlisted using availability purposive sampling technique. In total, 40 people took part in the FGDs, i.e. 20 women – ten from the neighbourhood health committee and ten from the community; and 20 men – ten from the neighbourhood health committee and ten from the community. The FGDs were used to get data which could not be obtained from the survey structured questionnaire.

Quantitative data was analysed using combinations of Epi-Info Version 6.04d and SPSS version 14.0 for Windows. The main thrust of the analysis was to derive descriptive statistics. On the other hand, qualitative interview data was analysed using N\*VIVO version 2.2 package.

## RESULTS

### *Knowledge Domain*

In the cross-sectional survey, majority of the respondents (76 percent) reported that they knew what **Indoor Residual Spraying was whereas 24 percent said they did not**. When the respondents who stated that they knew about IRS were asked what specifically IRS was about, a higher proportion (80.9 percent) said it was spraying for mosquitoes and malaria prevention. On the other hand, 19.1 percent either did not know what IRS was or said IRS was meant to spray for rats and cockroaches.

When the residents were asked what they knew about malaria, n= 326 (84.2 percent) exhibited knowledge and n= 42 (10.9 percent) stated that it was a feverish illness and a paltry of them n= 12 (3.1 percent) did not know whereas others linked malaria to local myths like eating unripe sugar cane n= 4 (1.0 percent) and drinking unsafe water n= 3 (0.8 percent). When the respondents were asked about malaria control and prevention strategies, as much as 98 percent were able to state that malaria could be prevented by chemo prophylaxis, using IRS and ITN. A higher proportion of the respondents seemed to know the IRS “don'ts” and stated that painting, washing, cleaning and replastering the walls were not necessary precautions to take after your house had been sprayed. It was noted that a higher proportion of the respondents knew that IRS had benefits like killing mosquitoes n= 249 (64.3 percent) as compared to those who did not know n= 138 (35.7 percent). A total of 34 respondents (8.8 percent) still linked IRS to cockroach eradication.

In this study, just over half of the 387 households had their homes sprayed in the last 12 months, n= 224 (57.9 percent) as compared to n=163 (42.1 percent) that were not. When the 163 respondents whose houses were not sprayed were asked for the reasons, n= 60 (36.8 percent) were not available at home the times when spraying was being done, n= 45 (27.6 percent) did not want their houses to be sprayed, n= 30 (18.4 percent)

claimed sprayers had not gone to their homes to spray, n= 26 (16 percent) did not know why their house was not sprayed and n= 2 (1.2 percent) did not prepare rooms for spraying. Other than these reasons, spraying was not done because of logistical problems and lack of proper information. The excerpts from the focus group discussions provide lived experiences:

“Last spraying season, people in my zone complained that the sprayers did not come. Even my house was not sprayed because they did not come. In Bonaventure (an area on the outskirts of Linda compound), it is not known who went there but the people there complained that they were told to pay K10,000 if they wanted their houses sprayed. Many people didn't have money so they missed out on the spraying.”

“We accepted our homes to be sprayed but in some places they did not reach. Also they were saying the chemical was not enough so that is a sign of poor planning. In addition, they said they were given only a few days and so when those days were over, they stopped spraying. Some homes were not sprayed because the people they brought to do it were not conversant with the area and so they were skipping some houses.”

“People do not have accurate information. They think that medicine is also for killing cockroaches and bed bugs. So these insects come out of hiding but do not die and people assume the chemical is not strong enough.”

“As for me, I will not accept in future. This time I agreed for my house to be sprayed because I liked the way it was done the other spraying season. We stayed free of mosquitoes in the house for about 6 months. That was good. But the sprayers that came the last season did not do a good job.”

“In my section, we refused. We were told to remove the furniture from our homes but they did not come the first, second and third days. Their excuse was that they did not have plasticsheets to cover the furniture when spraying. On the fourth day when they came, we refused. They reported at the health centre but we explained what transpired.”

### *Attitude Domain*

When the respondents were asked about their attitudes towards IRS, there was a general trend that showed that generally respondents had a negative stance towards IRS.

As much as 59 percent of the respondents said they did not like the IRS strategy.

The mean interval of spraying from the time the study was conducted and within the last 12 months was 4 months previously (SD = 3.7). The modal interval was 6 months. The majority of the residents n = 159 (41.1 percent) were happy when their houses were sprayed as compared to n= 65 (15.5 percent) who were not. Out of the 224 whose houses were sprayed, a greater number of households n= 212 (96.5 percent) were sprayed by the Ministry of Health than the local authority n= 9 (4.0 percent). A global look at the sample shows that a greater number n= 228 (58.9 percent) of the residents do not like the IRS strategy at all. They stated that IRS is not a significant strategy in reducing vector density. Apart from this,

the residents had varying types concerns such as the bad smell, making the walls of their houses dirty, IRS chemicals being bad for babies and IRS inducing a skin rash. Below are the concerns raised by the Neighbourhood Health Committee:

“Someone called me into her house to show me the way the chemical had messed her walls. The sprayers had used a blackish chemical that left dark dirty lines on the walls. She had to start washing the walls to make them clean again. We don't know what chemical that was because what we know is the white chemical. I felt bad as a community health worker. From that time, others also refused to have their houses sprayed for fear of their walls being messed.”

“In my house and in my area, the chemical was all water. I was called into some people's houses to see what 'our' people had done. People complained that the sprayers were spraying water instead of chemical. The floors were covered with water. Those that sprayed the other season did a good job. Even my TV still has some residue that I have failed to wash off. We even used to sleep without a mosquito net. But last season's spraying was poorly done.”

### **Practice Domain**

About 85 percent of the respondents in this study did something to prevent malaria. It was surprising that most of the residents in the study did not use malaria prophylaxis  $n = 233$  (65.8 percent) as compared to  $n = 164$  (42.4 percent) who did. A total of 60 people (15.5 percent) slept under a mosquito net while  $n = 327$  (84.5 percent) did not. A greater number of the respondents  $n = 212$  (54.8 percent) did not use any insecticide sprays as compared to  $n = 175$  (45.2 percent) who did. Nearly all respondents  $n = 360$  (93.0 percent) did not privately procure IRS services and all respondents did not spray their surrounding but tried to expel mosquitoes using burnt leaves  $n = 148$  (38.2 percent). Beyond these practices, focus group discussions revealed other preventive practices:

“We try to prevent malaria by sleeping in a mosquito net, spraying chemicals, burning mosquito coils and covering holes with stagnant water. Burning sisal bags also chases mosquitoes.”

It was learnt from the neighbourhood health committee that it joined the program of the health centre by taking part in activities concerning malaria. The committee admitted that there were challenges in doing so. The excerpt below attests:

“During the spraying program, we go round telling people on the spraying program and its importance. The Government should fulfil their promises. We are living in communities where some people cannot afford to live in plastered houses. The sprayers sometimes refuse to spray the walls of un-plastered houses because what they have is not the appropriate chemical.”

Generally, all rooms in the 224 houses were sprayed. Within the sample, only  $n = 52$  houses (13.4 percent) had a room where an expectant mother slept sprayed.

When the 224 respondents who had accepted their homes to be sprayed were asked about their actual experiences in terms of

difficulties they had with IRS, a greater number of them had misgivings. They agreed that in future they would not cooperate because they wanted to avoid the negative effects of the IRS chemicals. The concerns below buttress the survey results:

“IRS is good but some people refuse because they say they cannot keep their walls dirty for 6 months. Others refuse because at some point they were told to remove their furniture and they did but the sprayers did not show up. We wonder whether the chemical has no consequences because that chemical stays on the wall for 6 months. Is it not that people that breathe the chemical for 6 months can also get affected?”

“Places with stagnant water are not sprayed. Moreover some people refuse because they are well to do and do not want to see a stranger enter their house. You see, the sprayers wear protective clothing but the woman cleaning the floor afterwards does not.”

“They only involve us when they want us to carry out work for free. But when it comes to activities that involve money, then they bring their own people. They should be using the community health workers for this spraying.”

In this study, the decision in the household to have a home sprayed or not was occasioned by attitude and practice factors. In this study, the findings indicate that there was no significant association between sex of the respondent and the house sprayed in the last 12 months.

### **DISCUSSION**

This study shows that IRS, which is one of the primary vector control interventions for reducing malaria transmission, has not been well marketed and that Linda residents have not been called to participate as equal partners. Whatever efforts the World Health Organization has made towards the Global Malaria Programme may not be realised by the Zambian Community in Linda in the quest to achieve the Millennium Development Goals for malaria by 2015<sup>4</sup>. As with other disease vector control programmes, a high level of community acceptance is required for effective implementation of IRS; in order to have a significant impact on malaria transmission, widespread household coverage is required (>80 percent of premises within the target area)<sup>4</sup> and yet the coverage for Linda was a mere 58 percent. Indeed this scenario requires householders to cooperate with spraying personnel by being present on the designated day and removing some household contents outside.

A number of public health studies including this one<sup>6-8</sup> have indicated that communities do not readily accept IRS because of serious concerns related to (i) Avoiding irritation (ii) the pungent smell of the chemicals made family members to react to the chemicals, (iii) making the walls of the houses dirty and (iv) it was strongly held that the chemicals were bad for their babies.

Reflecting the above events in Linda compound, there seems to be a similar trend in the design of IRS programmes with other

programmes elsewhere. Unlike the IRS program in Zambia, few studies have specifically evaluated the acceptability of IRS for malaria control to individuals and communities, or considered in depth the role of human and cultural factors in the success or failure of programmes. Two notable exceptions are Govere et al<sup>9</sup> and Rodriguez et al<sup>10</sup>, both of which used survey methods to ask about specific factors taken to be the key determinants of acceptability. In South Africa, Govere et al<sup>9</sup> used a structured KAP (knowledge, attitudes and practices) questionnaire, asking amongst other things about satisfaction with spraying personnel, washing and re-plastering after spraying and perceived effects. Rodriguez's study<sup>10</sup> in Mexico focused on side effects and started from the premise that "spraying coverage depends on whether householders perceive the intervention as beneficial, in terms of how effective the insecticide is against mosquitoes and other nuisance insects, as well as the number and intensity of unwanted side effects".

There are lessons to learn and this study underlines the need to:

1. Provide community sensitisation strategies that involve the people using localised indigenous means.
2. Though geography and staff adequacy were not factors for the elicited IRS utilisation, there is need to reduce apathy to IRS in remote areas like Linda compound and improve geographic access to IRS by indeed training community health workers which strategies the locals are ambivalent to. This is because many strategies including home spraying at a personal level need to be promoted.

## CONCLUSIONS

The utilisation of IRS in Linda compound is remarkably low. As plans for malaria eradication are formulated, it is important to recognise the centrality of socio-economic, political and cultural influences that shape the human dimension of malaria and its control. While much attention is given to the parasite, the vector and technologies to conquer these, much less resolve is spent in understanding human behaviours and ideologies that ultimately determine the success or failure of programmes. In the short term, more attention needs to be placed on providing people with information about how IRS works; in the longer term, a move towards sustainable vector control through community participation and empowerment.

We have seen that a considerable proportion of the people in the study area were indifferent to the IRS strategies. There are indeed marked misconceptions and myths about the benefits of IRS and the justifications for the use of indigenous means of preventing malaria.

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# Surveillance of avian influenza viruses in wild Ducks and Geese in the Bangweulu wetlands of Zambia

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## ABSTRACT

Avian influenza is a highly contagious acute respiratory disease of avian origin and is of major economic and public health importance. Out of all the 16 haemagglutinin subtypes of influenza viruses, only H5 and H7 are considered highly pathogenic in poultry. However, previous studies have reported that serotype H9N2 produces severe respiratory and reproductive tract infections in chickens. Previous studies have suggested that poultry movement through trade and migratory wild birds play a major role in the spread of avian influenza viruses over long distances. Surveillance studies among wild ducks and geese in many parts of the world has always resulted in isolation of a broad spectrum of avian influenza virus subtypes. Although avian influenza has not yet been reported in Zambia, its outbreak would be devastating to the local economy. The present study was carried out to determine the presence of avian influenza viruses in the wild migratory ducks and geese on the Bangweulu wetlands of Zambia located in Luapula and Northern provinces of Zambia during 2009-2010. A total of 2,000 environmental samples of fresh faeces of wild ducks and geese on the Bangweulu wetlands of Zambia were examined and analysed for the presence of avian influenza viruses. The study found that H6N2 and H9N2 subtypes were present in the faeces of the Knob-billed ducks (*Sarkidiornis melanotos*). These data indicated that wild migratory ducks that inhabit the Bangweulu wetlands play a role as carriers of influenza viruses, thus necessitating continued surveillance studies so as to elucidate the ecology of the viruses in the area.

## INTRODUCTION

Wild birds of the order Anseriformes (ducks and geese) constitute natural reservoir of avian influenza virus (AIV) of low pathogenicity and the infection in these birds are usually asymptomatic. Surveillance of AIV carried out in Eastern Germany during 1977-89, showed virus isolation directly from feral ducks and other wild birds (Suss *et al.*, 1994). High isolation rates of AIV of low virulence for poultry have been reported in previous surveillance studies in which 15 percent

for ducks and geese, and about two percent of all other species have been shown to be carriers of AIV. However, the frequency with which primary infections occur in any type of bird depends on the degree of contact with feral birds<sup>7</sup>. Secondary spread of avian influenza (AI) is usually associated with human involvement in which infective faeces from infected birds are transferred to susceptible birds<sup>2</sup>.

In 2005, the Zambian Government established the Integrated National Response Plan for prevention and control of AI. This resulted in a number of surveillance activities in southern Province of Zambia which has a large sanctuary for migratory birds. AIV was first isolated in Zambia in 2006 from a great white wild pelican in Lochinvar National Park (15° 40 min South; 27° 15 min East) in the southern Province of Zambia<sup>15</sup>. This virus was believed to be Low Pathogenic Avian Influenza virus (LPAIV) and was found to be H3N6 serotype and was named as A/pelican/Zambia/01/06 (Zb06)<sup>15</sup>. There were no reports about AIV isolation from the Bangweulu wetlands of Zambia, a situation that led to the inclusion of these wetlands in the current surveillance activities in this study.

The main objective of the current surveillance study was to identify AIV circulating in the wild migratory ducks and geese on the Bangweulu wetlands of Zambia as an early warning for potential outbreaks. These wetlands offer a natural habitat to many species of wild birds and animals such as the black lechwe (*Kobus leche Smithemani*). The Bangweulu wetlands are often frequented by wild migratory birds including wild ducks and geese. These birds migrate via the Eurasia/Africa flyways. The Black sea/Mediterranean flyway and the East Asia/West Africa flyway pass through Zambia<sup>15</sup>. In addition, East Asia/East Africa flyways pass through the Bangweulu wetlands of Zambia.

## MATERIALS AND METHODS

### Study area

Geographically, the Bangweulu wetlands are located by coordinates 10° 33 min South, 029° 15 min East and 12° 17 min South, 030° 43 min East. The elevation of the Bangweulu wetlands is between 900 to 1200 m above sea level. The three

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target areas in this study were Nsamba, Bwalya Mponda and Chikuni. These areas provide habitat to many species of wild birds including migratory waterfowl. All these sites fall within Bangweulu Game Management Area which is shared between Mpika and Samfya districts located in Northern and Luapula provinces of Zambia, respectively.

### Sample size

The sample size was calculated using the formula for detecting disease in a population<sup>10</sup>. We assumed that avian influenza existed at 1% in the wild waterfowl population and that the target bird population of ducks and geese was approximately 10,000. The level of confidence was set at 95%. Based on these assumptions we estimated the number of birds likely to be infected in the target population (D) and applied the formula below to further estimate the sample size.

$$n = [1 - (1 - )^{1/D}] [N - (D - 1)/2]$$

n = required sample size

D = Estimated minimum number of diseased animals in the group

N = Population size

= Probability (confidence level) of at least one animal being diseased in a group.

From the calculations, we anticipated to collect 294 faecal droppings, assuming that each faecal dropping was from an independent bird. However, considering the reduced viability of the influenza viruses in faecal droppings due to temperature and other environmental factors and also the fact that one bird could have dropped more than one faecal dropping, we expanded our sample size to 2000 to increase the chance of isolating the viruses.

### Specimen collection

A total of 2,000 fresh environmental faecal samples (approximately one gram each) of wild ducks and geese were collected in sterile tubes from the ground at locations where these birds congregate in large numbers. These samples were transported in transport media from the field within 48 hours in cooler boxes packed with ice and were stored at -80°C until use. The transport media consisted of phosphate buffered saline (PBS) solution with antibiotics (200U/ml Penicillin, 200µg/ml Streptomycin and 250µg/ml Gentamycin).

### Virus isolation

The faecal samples in each tube were eluted in PBS and briefly vortexed. The tubes containing the samples were thereafter centrifuged at 3,000 rpm for 15 minutes. The clear supernatant of each sample was collected and 0.2 ml was inoculated into each 10-day-old embryonated chicken egg in duplicates, via the allantoic route and the eggs were incubated at 37°C in humidified incubators. After two days, the eggs were chilled over night at 4°C. The allantoic fluid was aseptically harvested from each egg. When no AIV was detected on the initial attempt, negative samples were re-inoculated in fresh embryonated eggs for a further attempt at isolation.

### Haemagglutination (HA), Haemagglutination inhibition (HI) and Neuraminidase inhibition (NI) tests

In order to confirm the presence of AIV in wild ducks and geese, HA and HI tests were performed as previously described<sup>19</sup>. The haemagglutinating activity was recorded and the HA titre of each sample was also determined and the results were recorded. The allantoic fluid that tested positive after HI test was subjected to NI test as previously described<sup>19</sup>.

### Haemagglutination (HA) test

In this study, HA test was done as previously described (WHO manual for animal influenza diagnosis and surveillance, 2002). Briefly, all wells of the 96 U- well shaped microtitre plates received 50µl normal saline (0.85-0.9% sodium chloride in distilled water) each. In addition 50l virus samples were added in the wells of A-H rows of column No. 1 and this was thoroughly mixed using a multi-channel micropipette. Then 50l of diluted virus samples were transferred from wells A-H rows of column No.1 to column No. 2 and these were mixed as above. This process was repeated until column No.11 and the final 50l was discarded. Additional 50l of normal saline was also added in all wells of microtitre plate. Then 50l of 0.5% chicken red blood cells (RBCs) were added in all wells of microtitre plate and this was shaken by tapping the corner of microtitre plate using one finger. The mixture was incubated at room temperature (22-25°C). All the controls were checked for complete settling of RBCs and the results were recorded. The positive samples (Showing haemagglutinating activity), were subjected to haemagglutination inhibition (HI) test and those which tested positive, were then subjected to neuraminidase inhibition tests. However, HA-negative samples were re-inoculated into the 10 day embryonated eggs and the above described tests were performed again and the negative samples were discarded.

### Haemagglutination inhibition (HI) assay

In this study HI test was done as previously described<sup>15</sup>. This test was done in order to identify haemagglutinin (HA) subtype H of avian influenza viruses. To perform HI test, 25l normal saline was added in all wells of the 96 U-well shaped microtitre plate. Haemagglutinin specific antisera (H1-H16) was added in the wells of A-H rows of column No.1 and 12 and then antiserum was mixed well with the help of multichannel micropipette in wells of column No.1 (from A-H). Then 25l diluted antisera including all the 16-H subtypes of AIV was transferred from well A-H of column 1 to column 2. The mixture was then mixed as above and transferred in the next column. The process was repeated until column 5 and then the final 25l of diluted sera was discarded. In a similar way serially diluted antiserum from column No.12 was added to column No.11 up to column No.8. Then 25l of normal saline was also added in each well of column No. 6. This column acted as negative control. 25l of diluted sample virus (allantoic fluid) was added in all the wells of microtitre plate except those of column No.6 and No.7. Then 25l of selected H16 antisera was added in the first well of the column No.7 and two fold

serial dilutions was carried out as above. This column served as positive control. The wells were shaken gently and incubated on ice for 30 minutes and 50l of 0.5 percent chicken RBCs were added in each well of microtitre plate. The microtitre plates were shaken by tapping the corners and incubated at room temperature for 30 minutes and then results were recorded and HI titre was determined.

### Neuraminidase inhibition (NI) test

NI test was done as previously described<sup>19</sup>. This was done in order to identify the neuraminidase (NA) subtype N of avian influenza viruses. To perform NI test, 25l diluted (1/100 dilution in normal saline) neuraminidase specific antisera were added in the glass test tubes. Then 25l of 1/10 and 1/100 dilution (in normal saline) HA positive samples were added in separate tubes respectively. The tubes were then shaken to mix the contents and then incubated at room temperature for 30 minutes. The positive control was created by adding 25l of 1/10 diluted virus sample in one tube and 1/100 diluted virus sample in another tube. Then negative control was made by adding 50l of normal saline in one tube. Then 50l of fetuin was added in each tube and the tubes were shaken thoroughly. The mouth of the tubes were covered tightly by parafilm and incubated at 37C overnight. Then 50l of periodate reagent were added in each tube and the mixture was mixed and incubated at room temperature for 20 minutes. In addition, 50l of arsenite reagent was added in each tube and shaken until the brown color disappeared. Furthermore, 1.25ml of TBA (Thiobarbituric acid reagent) was added in each tube and mixed thoroughly. The tubes were immediately placed in the boiling water bath for 15 minutes and the inhibition of color development was read visually by comparing with the negative control.

## RESULTS

Of the total 2,000 faecal samples collected from wild ducks and geese, six AIV subtypes were isolated from Knob-billed ducks (*Sarkidiornis melanotos*), with an overall AIV prevalence of 0.3 percent (95% confidence interval: 0.16% - 0.97%). The prevalence of AIV in Knob-billed ducks (n=1500) was 0.4 percent (95% confidence interval: 0.22% - 1.27%). However, no AIV was isolated from Whitefaced ducks and Egyptian geese.

### HA and Neuraminidase (NA) subtypes and HA/NA subtype combinations

During the study period, three AIV isolates 2 H6 and H9 were subtyped while the other three isolates H11, H12 and H13 were not fully identified. Influenza virus subtypes H6, H9, H11, H12 and H13 were isolated from wild Knob-billed ducks in the Bangweulu wetlands. AIV Haemagglutinin (HA) subtypes H6, H9, H12 and H13 were isolated from faecal sample number 832 of Knob-billed ducks (Table 1). In addition subtypes H6 and H11 were isolated from faecal sample number 833 of the same species (Table 1). The most common HA subtype in both faecal samples was H6. Neuraminidase (NA) subtypes N2 was

determined from both faecal samples 832 and 833 (Table 2). In total, two HA/NA subtype combinations were detected and these were H6N2 and H9N2 (Table 2). The frequently detected HA/NA subtype combination was H6N2. These combinations were designated A/duck/Bangweulu/1/11 (H6N2), A/duck/Bangweulu/2/11 (H9N2) and A/duck/Bangweulu/3/11 (H6N2).

**Table 1:** Results of haemagglutination (HA) and haemagglutination Inhibition (HI) assay

Bird Species	Number of Samples Collected	HA Test (positives)	HI Test (isolates)	HA Titre
Knob -Billed Duck ( <i>Sarkidiornis melanotos</i> )	1500	Sample 832	H6, H9, H12 and H13.	512
		Sample 833	H6 and H11.	512
Whitefaced Duck ( <i>Dendrocygna viduata</i> )	400	-	-	-
Egyptian Goose ( <i>Alopochen aegyptiacus</i> )	100	-	-	-

**Table 2:** Neuraminidase inhibition test results and HA/NA subtype combinations

Species name	NI test (positives samples)	NA subtypes	HA/NA subtype combinations
Knob -billed ducks ( <i>Sarkidiornis melanotos</i> )	Faecal sample 832	N2	H6N2 and H9N2
	Faecal sample 833	N2	H6N2

## DISCUSSION

The present study was carried out to determine the presence of AIV circulating in the wild migratory ducks and geese on the Bangweulu wetlands of Zambia. We collected 2,000 faecal samples from wild Knob-billed ducks (*Sarkidiornis melanotos*), Whitefaced ducks (*Dendrocygna viduata*) and Egyptian geese (*Alopochen aegyptiacus*) in habitats located on the Bangweulu wetlands. Although highly pathogenic avian influenza (HPAI) H5N1 virus was not detected, two faecal samples of Knob-billed ducks yielded low pathogenic avian influenza (LPAI) viruses 2 H6, H9, H11, H12 and H13 after performing HI test. The NI test detected the NA subtypes N2 in both samples of the same species. The Knob-billed duck is mainly a widely distributed but nomadic summer visitor to Southern Africa<sup>16</sup>. Large colonies of Knob-billed ducks congregate on the Bangweulu wetlands seasonally, sharing the same habitat with other wild migratory bird species that migrate from different parts of the world. These birds also interact with resident birds. The overlap of multiple migratory flyways within Eurasia and Africa, permits virus-infected birds of different species to transmit pathogens to new host that may carry them to new areas<sup>13</sup>.

Evidence has been provided in the present study that the wild ducks in the Bangweulu wetlands are carriers of LAIV which is in agreement with earlier research work on wild ducks in Canada<sup>3</sup>. The available evidence suggests that rapid spread of highly pathogenic H5N1 virus from Qinghai Lake, China to Europe and Africa may have involved migratory birds and possibly poultry trade<sup>5</sup>. The results obtained here, indicated that mixed infections of multiple AIV exist in these ducks. Although the prevalence of AIV on the Bangweulu wetlands is low (0.3 percent), the isolation of different AIV subtypes poses continuous threat of pathogenic strains of AIV infections in poultry. Other studies have found that the prevalence and distribution of influenza virus subtypes depends on species, time of the year and location<sup>4</sup>. Although Zambia has never experienced AI, its outbreak would be devastating to the poultry industry. This would eventually affect the local economy negatively.

Migratory wild ducks, geese and other wild birds frequent the Bangweulu wetlands of Zambia seasonally. These birds usually come to the wetlands in large numbers through African-Eurasia flyways. These habitats provide plenty space and food to migratory waterfowl because of the vastness of the wetlands and the fact that fish breeds in these areas. There are a lot of human settlements for people who settle as fishermen on the Bangweulu wetlands. Initially, these fishermen had created temporal settlements. However, these settlements have become permanent villages on the wetlands overtime. Most of these people in these settlements are involved in poaching, small scale farming and rearing of poultry. The rearing of free range poultry facilitates interactions between wild birds and poultry and consequently increasing the risk of AIV infections in poultry. In addition, the unprecedented increase of settlements and human activities on the Bangweulu wetlands has negatively affected natural habitats of wild birds and animals. Other species of wild ducks and geese spotted on the Bangweulu wetlands included Spurwinged goose (*Plectropterus gambesii*), Yellowbilled duck (*Anas undulata*) and other unidentified species.

Routine testing of wild waterfowl (ducks and geese) nearly always find AI viruses<sup>18</sup>. Outbreaks of highly pathogenic avian influenza (HPAI) have been caused by viruses of H5 and H7 subtypes resulting in high mortality in Poultry<sup>18</sup>. The LPAI and HPAI viruses have been periodically isolated from South African ostriches, but during 2002, the first recorded outbreak of LPAI (H6N2) in South African chickens occurred on commercial farms in the Camperdown area of KwaZulu/Natal Province<sup>1</sup>. Phylogenetic analysis of LPAI virus H6N2 indicated that the H6N2 chicken viruses most likely arose from a reassortment between two South African LPAI ostrich isolates: an H9N2 isolated in 1995 and H6N8 virus isolated in 1998<sup>1</sup>. In South Africa, two cocirculating sublineages of H6N2 were detected, both sharing a recent common ancestor and one of the sublineages was restricted to the KwaZulu/Natal Provinces<sup>1</sup>. Those authors reported that the most likely vectors for the introduction of AIV into Western Cape ostrich population are the wild waterfowl with which the ostriches

came in contact with because of their attraction to water and feed troughs. In Pakistan AI outbreak involving H7N3 and H9N2 occurred in poultry from November 2003 to May 2004<sup>7</sup>. The AIV of serotype H9N2 (A/duck/North Carolina/91347/01) was isolated from wild ducks in the United States<sup>7</sup> as was the case with the results from this study. Studies of AIV carried out in eastern Germany during 1977-89 reported virus isolation directly from feral ducks and other wild birds<sup>11</sup>. The AIV replicate both in the intestinal and respiratory tracts of birds and excreted in high concentration in faeces (Smitka *et al.*, 1980). In Hong Kong, the LPAIV H9N2 infection was confirmed in 1999 in two children, and in 2003 in Hong Kong again in one child<sup>9</sup>. Thus surveillance of wild birds on regular basis to evaluate rapidly changing status of AIV should be continued in Zambia. It is further recommended that biosecurity at farm or village level should be improved.

## CONCLUSION

The detection of influenza viruses in wild Knob-billed ducks indicates that wild migratory ducks that inhabit the Bangweulu wetlands are potential carriers of AIV and could play a role in genetic reassortment between influenza viruses. The possibility of interspecies transmission calls for more effort in continued surveillance of AIV in wild ducks. In addition more studies should be done to determine the origin of these viruses.

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